

## Design a Creative Environment to Promote Mental Health and Develop Fine Arts Student's Skills

**Ola M. Mohammed Ahmed**

Assistant Professor, Department of Interior Design, Oman College of Management and Technology, Sultanate Oman, omohammed@omancollege.edu.om

### **Abstract:**

Fine arts represent an ideal environment for developing students' creativity skills, which contributes to improving their abilities in various aspects of life. Students' lives and the prosperity of fine arts colleges are significantly impacted by mental health. Thus, the study suggests methods for enhancing the mental health of students to examine how the creative atmosphere benefits fine arts students' mental health and boosts their academic performance, the research employs a descriptive-analytical approach. The problem of the research is the lack of a creative environment for fine arts students that enhances their mental health and encourages creativity and innovation, which affects their creativity. Besides, the research sets out methodologies and rules for the fine arts education environment that are not considered appropriate for the environment of the new educational system. Hence, studying in a comfortable environment for students' artistic activities allows for the development of student's creativity within the educational process in art colleges. Therefore, the research is based on how to establish a creative, stimulating atmosphere in the educational environment to support the promotion of mental health for fine arts students and introduce a new vision for the role of universities by focusing on the mental health of fine arts students. In conclusion, the research concluded that there are also many important factors in promoting the mental health of fine arts students, including the role of the classroom environment, the role of teachers, and strengthening the education sector to raise the academic performance of fine arts students and improve productivity.

**Research Problem:** Fine arts classes have an uncomfortable, disorganized atmosphere that is not conducive to student activity. It prevents students from developing their creativity during their education in art colleges. Furthermore, it will harm the mental health of students, and they cannot work in an effective environment to create and design in their art classes.

**Research Aims:** The study aims to suggest strategies for creating a creative environment that enhances the psychological health of students in colleges of fine arts. In addition, revealing the impact on the mental health of students at the College of Fine Arts and increasing their creative production.

**Research Importance:** The creation of a creative environment encourages innovation, and the study helps to improve the mental health of fine arts students. Furthermore, the study explores how incorporating art-related activities into the classroom might stimulate students' creativity. Hence, the significance of art in education and daily life, and the application of art approaches in fine arts colleges.

**Research Methodology:** The descriptive analytical method was used by describing and analyzing the factors that work to enhance the mental health of fine arts students.

**Results:** The education sector and academic environment play an important role in raising the academic and psychological efficiency of students. Teachers have a crucial role in promoting the mental health of fine arts students. Establishing a structured learning environment that promotes creativity and improves academic performance. Arts classroom interior design aims to establish a learning atmosphere that fosters creativity.

**Recommendations:** The fine arts students create outstanding artwork, ideas, and social solutions. Therefore, the psychological well-being of these students needs to be taken into consideration. It is essential to establish and equip fine arts classrooms with creative elements to attract students and fulfill their educational needs.

### **Keywords:**

Creative Environment Design, Mental Health, Fine Arts, Interior Design, Students Skills

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